



# **Core**STRENGTH

40 DAYS OF SPIRITUAL FITNESS

***Service for the Lord's Day, March 12, 2017  
Second Sunday in Lent***

***Welcome!***

*Druid Hills Presbyterian Church  
calls everyone into Christian community to  
explore God's purpose for our lives,  
celebrate God's work in the world,  
and serve the needs of our neighbors.*

***We want to know you've worshipped with us! Please sign the blue Fellowship Pad, located in the rack at the end of each pew, and pass it down the row.***

## GOD GATHERS US AROUND THE WORD

† *You are invited to stand when you see this symbol.*

**PRELUDE**

*A Lenten Prayer*

Charles Demorest

### WELCOME AND ANNOUNCEMENTS

† **CALL TO WORSHIP**

Psalm 116:5-9

*Leader: The Lord is merciful and righteous;  
our God is compassionate.  
The Lord protects the downtrodden;  
God saves me when I am brought low.*

**All: I said to myself, “Relax and rest.  
God has showered you with blessings.”**

*God has delivered me from death,  
my eyes from tears,  
and my foot from stumbling.*

**So I'll walk before the Lord  
in the land of the living.**

† **HYMN #393**

*O Day of Rest and Gladness*

Es Flog Ein

### CALL TO RECONCILIATION

#### UNISON PRAYER OF BROKENNESS

**O Lord of the Sabbath,  
in your concern for our welfare you have given us this holy day,  
an opportunity to rest from the weariness of our work  
and to remember your works in our world and our lives,  
a time to worship you with our brothers and sisters.  
On this day you raised your Son, Jesus Christ, from the grave,  
and on this day you poured out your Holy Spirit on the church.  
We give you thanks for this holy day.  
But we confess that we have often distorted it to fit our purposes.  
It has been hard for us to lay our work down.  
We have sought rest for our bodies but not our spirits.  
We have failed to remember your mighty and gracious works for us.  
We have sought recreation instead of worship.  
Even when we have come to worship,  
our hearts are sometimes far from you.  
Forgive us in your mercy, and grant us new hearts.  
In the name of Jesus Christ. (time for silent reflection)**

**POURING OF BAPTISMAL WATER AND ASSURANCE OF FORGIVENESS**

**INVITATION TO THE OFFERING**

**ANTHEM**

*Lead Me, Lord*

Samuel Wesley

Lead me, Lord, lead me in Thy righteousness,  
Make Thy way plain before my face.

For it is Thou, Lord, Thou, Lord only,  
That makest me dwell in safety.

† **DOXOLOGY #630**

*Fairest Lord Jesus*

Crusaders' Hymn

*Beautiful Savior, ruler of the nations,  
Son of God and Son of Man!  
Glory and honor, praise, adoration,  
Now and forevermore be thine.*

† **PRAYER OF DEDICATION**

**ENCOUNTERING GOD'S WORD**

**SCRIPTURE LESSON**

Luke 10:38-42

p 72 NT

*This is the word of the Lord.*  
**Thanks be to God.**

**REFLECTION ON THE WORD**

Spiritual Exercise: Sabbath

(As the bell rings, please return to your seat.)

† **HYMN #182**

*I Heard the Voice of Jesus Say*

Kingsfold

## RESPONDING TO GOD'S WORD

### INVITATION TO THE LORD'S TABLE

### GREAT PRAYER OF THANKSGIVING AND THE LORD'S PRAYER

*The Lord be with you.*  
**And also with you.**

*Lift up your hearts.*  
**We lift them up to the Lord.**

*Let us give thanks to the Lord our God.*  
**It is right to give our thanks and praise.**

**...Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.**

### WORDS OF INSTITUTION

#### COMMUNION OF THE PEOPLE

*All communion bread is gluten free.*

#### COMMUNION MUSIC #177

*You Are Mine*

*You Are Mine*

"I am hope for all who are hopeless; I am eyes for all who long to see.  
In the shadows of the night, I will be your light. Come and rest in me.

Do not be afraid, I am with you. I have called you each by name.  
Come and follow me, I will bring you home; I love you and you are mine."

### PRAYER AFTER COMMUNION

### BEARING GOD'S WORD INTO THE WORLD

#### † HYMN #547

*Go, My Children With My Blessing*

*Ar Hyd Y Nos*

#### † CHARGE AND BENEDICTION

#### † SHARING THE PEACE OF CHRIST

*(Please greet your neighbors with signs and words of peace and reconciliation.)*

#### POSTLUDE

*Chaconne*

*Louis Couperin*

## WORSHIP NOTES

Lent marks the 40 days of preparation for Easter. It is time set aside for prayer, reflection, and recommitment to God, honoring the sacrifice of Jesus' crucifixion and the redemption won in Christ's resurrection. Our Lenten theme, *Core Strength: 40 Days of Spiritual Fitness*, offers practical tools for fortifying your spiritual discipline. In worship and practices throughout the week, we will explore the spiritual practices of *Fasting* (March 5), *Sabbath* (March 12), *Service* (March 19), *Prayer* (March 26), *Silence & Solitude* (April 2). We hope you'll join us as together we strengthen our core.

**Today**, as we explore Sabbath as a spiritual discipline, **we will practice resting in God**, settling purposefully into God's embrace for rest and rejuvenation. In response to our scripture, you are invited to take part in sabbath stations, which are located around the sanctuary. You will find written instructions near each station. Stations include:

- Guided centering meditation (2 ten-minute opportunities)
- Tactile/Rice Reflection
- Labyrinth (sock feet, please)
- Group Charcoal Art
- Sacred Art
- Nature Station
- Candle Reflection & Written Prayers
- Children's Mat (art, books, comfy cushions)
- Massage Chairs
- Visual Reflection - From your seat, watch the Sabbath-inspired images on the screen. Consider also reading these scripture verses in the pew: Genesis 1-2:4 (focus on 2:1-4), Exodus 20:8-11, Deuteronomy 5:12-15, Psalm 23, Isaiah 58:13-14, Matthew 11:28-30, Mark 6:30-32

## PRAYERS

### pray with condolences

The sympathy of the congregation is extended to DHPC member **Helen Woodside and family** on the unexpected death of her cousin, **Thomas E. Rogers**, February 28, 2017. His funeral service was March 4, 2017 at Valley Brook Baptist Church in Decatur, GA.

### pray for our dhpc community

**Lisa Carter; Kathleen Clayton; Nancy Edenfield; Jesse Hatton, Jr.; Bobby Howlett; Ivey Lois Hubert; Elizabeth Mabry; Bo Mays; Charles Middleton; Carl Sweet; Yolanda Tamsen; J. Wade.**

### pray for our family and friends

**Ann W. Antley**, Robert Welborn's sister; **Éamon Martin Beaudette and family**, infant son of Katie Vigilante's friends; **Bonnie McMillan Brown**, Tommy Hannah's close friend; **Mandy DeWees**, May's daughter; **Ron DeWees**, May's husband; **Christina Georgiadou**, friend of the Vigilante and Adams families; **Nick Miller**, Bill Smith's great-nephew; **Dottie Nye**, Ivey Lois Hubert's sister; **Birdell Odom-Hughes**, Cynthia Middleton's mother; **Mary-Lib Pennock**, Cliff Frierson's cousin; **Melanie, Jimmy and Christian Rogers**, family of Helen Woodside's cousin; **Michele**

**Rouse**, Cynthia Middleton's sister; **Ruby Sermeño**, Miriam Herrera's sister; **Meredith Shahpazian**, friend of Betty and Linda Davis; **Joan Davis Smith**, sister of Betty and Linda Davis; **Leonard Terry**, Adam Rall's uncle; **Chelsea Walker**, Letia Henson's daughter; **Mimi Williams**, Coby Armstrong's mother; **Bryan Wilson**, Mary Jane Hannah's brother.

### **pray for our world**

Gracious God, we thank you for buds beginning to flower, for eaglets breaking through their shell, for baby giraffes and their mothers waiting for birth. We pray that the freshness of spring will lift human hearts everywhere, that this season of new life brings restored life to those living with sorrow, uncertainty, and fear. We pray especially that it bring safety and comfort to refugees and immigrants searching for sanctuary. May we all embrace them in love, as you have.

We ask you, Loving God, to protect all who face danger from strong storms this spring. May we be mindful of our responsibility, as stewards of our Earthly home, to make our planet safer and even more beautiful through our continuing care.

For Peace on Earth, we pray, Mother-Father God. Dangerous weapons must be put aside and careful thought must lead us to diplomatic resolution of problems we face. May we be voices of calm and presences of thoughtfulness. Guide us, O God.

For these things we pray in the name of Jesus, your Blessed Son. **Amen**

## **WEEKLY UPDATE**

### **Sunday, March 12**

10:30AM - *OIKOS College Ministry*

11:00AM - *Worship Service*

12:00PM - *Second Sunday Lunch in the Neighborhood*

### **Tuesday, March 14**

10:30AM - *Presbyterian Women Day Circle*

7:15PM - *Presbyterian Women Night Circle*

### **Wednesday, March 15**

6:15PM - *Handbell Rehearsal*

6:15PM - *Yoga Prayer*

7:30PM - *Choir Rehearsal*

### **Friday, March 17**

6:30PM - *OIKOS College Ministry*

### **Saturday, March 18**

10:00AM - *Youth to Serve at ICM Food Pantry*

### **Sunday, March 19**

9:45AM - *Sunday School Classes*

9:45AM - *Hunger 101 Youth and Adult Class*

10:30AM - *OIKOS College Ministry*

11:00AM - *Worship Service & Rise Against Hunger*

2:00PM - *Phoenix Flies Tour*

## **PRESBYTERIAN WOMEN**

### **Tuesday, March 14, 10:30AM/7:15PM**

Presbyterian Women meets the second Tuesday of each month. All women of the church are invited to come to either the day or night circle for a time of prayer, Bible study, discussion, and fellowship. Please contact Helen Woodside with any questions.

## **SECOND SUNDAY LUNCH IN THE NEIGHBORHOOD**

### **This Sunday, March 12, following worship**

Because we're practicing Sabbath, we will give our meal volunteers a break this week. We'll break out to break bread with one another at either Manuel's Tavern and City Winery. Following worship gather in the back of the sanctuary and a lunch host will share any necessary information.

## **THIRD SATURDAY YOUNG ADULT FELLOWSHIP**

### **Saturday, March 18th, 10:30AM; Columbia Theological Seminary Community Garden**

The garden at CTS is coming to life with a new partnership between the school and a non-profit, Global Growers Network (GGN). Through GGN there are now six refugee/immigrant families with plots in the garden! Let's check out the garden, enjoy the sunshine, and get our hands a little dirty together! We'll garden for an hour and then enjoy a picnic lunch. All are welcome, including kids and friends! If you have any questions or to indicate your interest, please email Rachel Mathews ([rmathews@dhpc.org](mailto:rmathews@dhpc.org))!

## **MIDDLE AND HIGH SCHOOL YOUTH GROUP**

*Contact Barrett Payne, Youth Director, ([bpayne@dhpc.org](mailto:bpayne@dhpc.org)) for more information about youth events.*

### **Saturday, March 18, 10:00AM: Volunteer at ICM Food Pantry**

The youth will join our partners at ICM and participate at the food pantry. We are extremely excited about having the food pantry on campus and look forward to participating with ICM and other volunteers. Meet at McIver Hall at 10:00 AM. We will end at 1:30 PM.

### **Sunday, March 26, 9:45AM: Bible Study, Worship w/NDSC, and MLK Center Visit**

This will be an exciting day for DHPC youth. Following Sunday School, the youth will travel downtown and worship with National Divine Spiritual Church, which is across the street from the MLK Center. After worship will be a tour of the neighborhood with Rev. Bobby Graham and a visit to the MLK Center. Join us for this day of studying, worshipping and exploring together.

## **HUNGER 101 YOUTH AND ADULT SUNDAY SCHOOL CLASS**

### **Sunday, March 19; 9:45AM**

Join us for Hunger 101 during Sunday School. This event is for middle school youth through adults. Each participant will be assigned the identity of a person/family who is struggling with food security and, through a simulation, will try to meet the needs of that person through work and social services. This is a great opportunity to familiarize yourselves with the challenges and resources of those who struggle with adequate nutrition. Contact Pastor Shelli ([pastorshelli@dhpc.org](mailto:pastorshelli@dhpc.org)) with any questions.

## **INTOWN FOOD PANTRY**

*Urgent needs for the Pantry are listed outside the stairwell to Converse Hall. Please check the list.*

The Pantry thanks you for all the good food you brought: meat, tuna, single serve meals, cereal, and more! They are still low on Spam, Vienna sausage, rice, and canned chicken. If you don't see 1 lb. bags of rice, the Pantry can repackage larger bags using the Ziploc sandwich bags you brought. For those of you who frequent fast food places, please pick up some ketchup and mustard packets for the Pantry guests. They will appreciate it. And don't forget those used - and unused - grocery bags!

## **EGG CARTONS NO LONGER NEEDED**

The Intown Food Cooperatives at Briarcliff Summit and William Booth Towers were created to serve the residents by promoting dignity, a sense of community, and address the problem of food insecurity. Food for the co-ops comes from the Atlanta Community Food Bank. Initially the co-ops received fresh eggs on large flats; however, the Food Bank no longer has fresh eggs. Thus, egg cartons are no longer needed. Thank you for your past contributions.

## IN-HOME COMMUNION VOLUNTEERS NEEDED

**Palm Sunday, April 9th, 12:30pm**

By taking communion to and visiting with DHPC's homebound members we extend the Lord's table and mysteriously encounter the source of our grace and hope during the reorienting experience of Lent. In-home communion visits are a powerful reminder that homebound are not alone and that God's grace and hope is calling out to us all. Teams of two will stop at the home of one homebound member, spend some time visiting, and read a short worship service which will be provided. Elders and volunteers are needed to fill these two person teams. Please email Rachel Mathews ([rmathews@dhpc.org](mailto:rmathews@dhpc.org)) to sign up!

## UPCOMING EVENTS

### THEOLOGY 101

**Sunday, April 2, 9:45 AM, Parlor**

Theology 101 is a monthly primer about what Presbyterians profess to believe. The class will break down theological concepts into bite-size chunks so that we can hear more about the specifics of our faith. This month's class is *Resurrection: What Did it Do?* Join us for this special Lenten conversation.

### CHILDREN ARE WELCOME AT DHPC

Children of all ages are welcome in the sanctuary during worship. Being present in worship is how children learn to worship, so we welcome their wiggles and whispers. Children's worship bags are available at the entrances to the sanctuary. During the Sunday School hour, we offer a supervised nursery for all infants and toddlers. Older small children are welcome in the nursery, Room 115, during worship.



### MAKE YOUR OFFERING DONATION FROM YOUR SMARTPHONE

Simply scan the image you see here using your phone's Quick Response code reader, and you'll be taken to DHPC's secure giving portal, where you can make a one-time or recurring gift using your credit or debit card or checking or savings account. Payments or gifts for special offerings should be labeled as such in the "Optional Memo" line.

#### CHURCH STAFF

Pastor: Rev. Shelli Latham, [pastorshelli@dhpc.org](mailto:pastorshelli@dhpc.org)  
Director of Music Ministries: Michael Fuchs, [mfuchs@dhpc.org](mailto:mfuchs@dhpc.org)  
Director of Youth Ministries: Barrett Payne, [bpayne@dhpc.org](mailto:bpayne@dhpc.org)  
Seminary Intern: Rachel Mathews, [rmathews@dhpc.org](mailto:rmathews@dhpc.org)  
Organist: Cliff Frierson, [cfrierson@dhpc.org](mailto:cfrierson@dhpc.org)  
Office & Facilities Manager: Danielle Wilson, [dwilson@dhpc.org](mailto:dwilson@dhpc.org)  
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#### THE SESSION MINISTRY TEAMS AND CHAIRS

Christian Education: Jennifer Beck  
Congregational Life: Elizabeth Adams  
Finance: Bill Armstrong  
Mission: David Vigilante, Callie Thweatt  
Personnel: Bob Beard  
Property and Administration: Bryan Gartman  
Worship: Suzette Stewart

Clerk of the Session: Kenneth Wideman  
Treasurer: Linda Davis

*Elders Emeriti:*

Cecile McRae Hooks, Charles C. Knox,  
Belle Miller McMaster, Frank Harkins Merl